

Nut-Free Policy

Summit International School

Purpose

The purpose of this **Nut-Free Policy** is to ensure the safety and well-being of all students at Summit International School, particularly those with nut allergies. We aim to create an inclusive environment where all students can learn and thrive without the risk of allergic reactions.

Policy Statement

Summit International School is committed to maintaining a nut-free environment on campus. This policy applies to all **students, staff, and visitors**.

Definitions

- **Nut Allergy:** An allergic reaction to nuts, which can include peanuts and tree nuts (such as almonds, walnuts, cashews, etc.).
- **Nut-Free Zone:** Areas designated within the school where the presence of nuts and nut products is strictly prohibited.

Guidelines

1. Food Restrictions

- **No Nuts or Nut Products:** Students, staff, and visitors are prohibited from bringing any foods that contain nuts. Our "Nut-Free Policy" means that the following items should not be brought into school:
 - Packs of nuts
 - Peanut butter or Nutella sandwiches
 - Fruit and cereal bars that contain nuts
 - Chocolate bars or sweets that contain nuts
 - Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
 - Hummus or houmous as it contains tahini which is made from sesame
 - Pesto which contains nuts
 - Cakes made with nuts
 - Self-serve pastries covered in almonds for example almond croissants

- Any home-cooked meals for packed lunches that are made from nuts
- Any shared food for after-school events with nuts or nut oils
- **Labeling:** All food items brought to school must be clearly labeled with ingredients. Parents are encouraged to check labels for nut content. Packaging must be checked for:
 - Not suitable for nut allergy sufferers,
 - This product contains nuts,
 - This product may contain traces of nuts.

2. Lunch and Snack Policies

- **Nut-Free Lunches:** Parents are required to provide nut-free lunches and snacks for their children. The school will provide a list of safe snack options.
- **Shared Foods:** No shared snacks or potluck-style meals will be permitted unless previously approved by the school administration.

3. Education and Awareness

- **Training:** Staff will receive training in recognizing and responding to allergic reactions.
- **Student Awareness:** The school will educate students about the importance of the nut-free policy and encourage them to support their peers with allergies.

4. Emergency Procedures

- **Action Plan:** In the event of an allergic reaction, the school will follow its emergency action plan, which includes contacting emergency services and the student's parents.
- **Medication:** Parents must provide the school with necessary medications (e.g., EpiPens) and ensure that staff are trained to administer them.

5. Monitoring and Compliance

- **Regular Reviews:** The policy will be reviewed annually to ensure its effectiveness and make necessary adjustments.
- **Compliance:** All students, parents, and staff are expected to comply with this policy. Violations may result in disciplinary action.

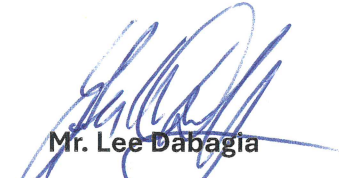
The school requests that parents and carers observe the nut-free policy and therefore do not include nuts, or any traces of nuts, in packed lunches.

Conclusion

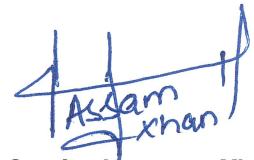
By adhering to this Nut-Free Policy, Summit International School seeks to protect the health and safety of all students. We appreciate the cooperation of our school community in creating a safe learning environment.

Effective Date: September 09, 2024

Next Review on: September 10, 2025


Mr. Lee Dabaglia
(Principal)




Sardar Hassam Khan
(Health and safety officer)


School Clinic